

Resident Policy:

Participants who live in the following communities are considered to be within the ELA Program service area:

- Deerfield Park District
- Glencoe Park District
- Glenview Park District
- Park District of Highland Park
- City of Highwood
- Kenilworth Park District
- Lake Bluff Park District
- City of Lake Forest
- Northbrook Park District
- Northfield Park District
- Village of Riverwoods
- Wilmette Park District
- Winnetka Park District

An additional 10% non-resident fee is applied for those participants who reside outside of NSSRA boundaries. The non-resident fee for the Monday - Friday full day option has been capped at \$2,200 per year (NSSRA's non-resident fee).

Contact Us

To learn more about the ELA Program or to schedule a tour, contact Becca Zajler, Recreation Manager for ELA, at (847) 509-9400 x6823 or bzajler@nssra.org.



Northern Suburban Special
Recreation Association

3105 MacArthur Blvd.
Northbrook, IL 60062
(847) 509-9400
www.nssra.org



The Center for Enriched
Living

280 Saunders Rd.
Riverwoods, IL 60015
(847) 948-7001
www.centerforenrichedliving.org



ela

enriched lifestyles for
adults with disabilities

ELA is a collaborative program presented by
Northern Suburban Special Recreation
Association and The Center for Enriched
Living





WELCOME TO ELA

Enriched Lifestyles for Adults (ELA)

is a year-round day program for individuals with disabilities who are 22 years of age and older or a high school graduate. As a collaborative effort between Northern Suburban Special Recreation Association (NSSRA) and The Center for Enriched Living (The Center), ELA presents the best resources these two organizations have to offer.

NSSRA and The Center each bring 50 years of experience serving people with disabilities to this exciting collaboration. The ELA Program was created to enhance the quality of life and offer well-rounded daytime program options for adults with disabilities, while providing a flexible schedule for families.

ELA Program Core Areas

Independent Living & Continuing Education

- Computers, Nutrition & Health, Money Skills, Reading, Cooking

Communication & Socialization

- Peer Interactions, Current Events, Relationship Building, Conflict Resolution

Recreation & Leisure

- Sports, Fitness, Arts & Crafts, Music, Hobbies

Community Integration

- Service Projects, Lunch Outings, Day Trips, Explore Local Resources

ELA Program Schedule

Program Times:

9:00 am - 3:00 pm, Monday - Friday

Participants may choose to attend two, three or five days with half day and full day options.

Location:

The Center for Enriched Living
280 Saunders Rd.
Riverwoods, IL 60015
(847) 948-7001

ELA PROGRAM REGISTRATION

ELA Participants Must:

- Be 22 years of age and older or a high school graduate.
- Complete the intake assessment process to determine ELA eligibility and participant program needs.
- Submit participant information forms as requested by the ELA Program.



Registration Process

- Complete the Adult Day Program Interest Form and submit with a \$100 deposit.
- The Recreation Manager for ELA will contact the interested family to schedule an assessment.
- If the preferred program registration is unavailable at the completion of the assessment process, the participant will be placed on the Interest List, per the family's request.

Registrations are accepted throughout the program year. Program capacity is limited to 20 participants per day. For openings, with questions or for more information, contact Becca Zajler, Recreation Manager for ELA, at (847) 509-9400 x6823 or bzajler@nssra.org.

The ELA Commitment

Your commitment to ELA:

- Applicant commits to full participation in the program.
- Applicant's family assists in fundraising efforts.

ELA's commitment to you:

- Provide a full year of quality programming to meet the social, recreation and continuing education needs of our participants.
- Provide a safe, stimulating and supportive environment.
- Provide professional, caring and dedicated staff.