





PRESCHOOL & KINDERGARTEN

Our Preschool programs are designed for participants ages 3-6.





REGISTER EARLY!

REGISTRATION DEADLINE IS MARCH 5, 2010

INSIDE

-  Special Events
-  Trips/Mini Programs

PK Preschool & Kindergarten

-  Youth
-  Teen
-  Young Adult/Adult
-  Fitness & Sports



KIDS CLUB

Let's go out! Every other week we will get out of the building and visit a new destination in the community. This is a great chance to get kids into the community and participating in fun new leisure activities. The program will foster an environment that promotes the development of social skills and creating new friendships while having a good time!

GOAL: Increase participation in age appropriate leisure activities, increase awareness of leisure activities in the community and promote positive peer interactions.

Ages: 3-6
Location: Crowley Fieldhouse, Glenview
Time: 3:45-5:30PM
Date: Tuesdays, April 6 - May 18
Min/Max: 4/8
Program Code/Fee: 201100-61 / \$96 

Spring's Here Picnic!
Tuesday, April 6th

Kohl Children's Museum
Tuesday, April 13th
 KOHL CHILDREN'S MUSEUM, GLENVIEW

Petland
Tuesday, April 20th
 PETLAND, HOFFMAN ESTATES

Movie Time
Tuesday, April 27th

A Day at the Library
Tuesday, May 4
 NORTHBROOK LIBRARY, NORTHBROOK

Jungle Gym
Tuesday, May 11 

Bowling
Tuesday, May 18
 BRUNSWICK ZONE, DEERFIELD

Little Squirts

Jump in and make a splash with Little Squirts. This program offers a variety of water games as an opportunity for water exploration and interaction with peers. Please bring a labeled swimsuit and towel.

GOAL: Provide an opportunity to learn new leisure swim activities, improve cooperation with others and engage in physical activity through water play.

Age: 3-6
Location: Park Center, Glenview
Time: 4:00 - 5:15PM
Date: Mondays, Apr. 5 - May 17
Min/Max: 2/4*
Program Code/Fee: 201101-01 / \$99

Dyna-'migh'



This program is designed to bring out the mighty gymnast in all of us. We incorporate gross motor skills and basic tumbling skills that are the beginnings of gymnastics. We will put these skills to use through fun activities and games each week.

GOAL: Utilize gross motor skills to complete specific tumbling skills, increase self-esteem and increase physical activity.

Age: 3-6
Location: West Ridge Center, Highland Park
Time: 1:00-1:45 PM
Date: Wednesdays, Apr. 7 - May 19
Min/Max: 4/8
Program Code/Fee: 201102-01 / \$48

Crocodiles



During this one on one swim program we will introduce basic swimming techniques including stroke development, kicking and water safety. This program is intended for children who are still being oriented to the water and swimming techniques. Participants must NOT be able to swim one lap of the pool.

Participants may register for only one of the two sessions listed below. **Please make sure you bring a labeled swimsuit and towel.**

GOAL: Improve comfort in the water, develop a basic understanding of swimming techniques, increase ability to follow demonstrated (one to two step) directions and increase water safety awareness.

Age: 3-6
Location: Park Center, Glenview
Time Session I: 4:15 - 4:45PM
Session I Code/Fee: 201103-02 / \$65
Time Session II: 5:00 - 5:30PM
Session II Code/Fee: 201103-01 / \$65
Date: Wednesdays, Apr. 7 - May 19
Min/Max: 2/4 per session*

Sensory Station



This program offers an opportunity to explore the world around us. Participants will be challenged to use sensory motor skills while participating in group activity stations. Activities will include creating gel art, making our own play-doh and shaving cream creations.

GOAL: Increase sensory motor skills, improve ability to express creativity through projects and encourage appropriate developmental learning.

Age: 3-6
Location: Waveland Park, Lake Forest
Date: Thursdays, Apr. 8 - May 20
Time: 4:00 - 5:00PM
Min/Max: 2/4*
Program Code/Fee: 201104-01 / \$55
Transportation Code/Fee: 201104-51 / \$76

Creative Creations

This program is all about creativity and how you can express yourself through the arts. The program allows all participants to be creative each week as we utilize common household recyclables to make our own art. This is a great opportunity for participants to let their creative juices flow, and truly find their own unique perspective.

GOAL: Improve ability to express creativity through projects, increase knowledge of new and different leisure activities and improve self confidence.

Age: 3-6
Location: Willow Park, Glenview
Date: Fridays, Apr. 9 – May 21
Time: 1:00-1:45PM
Min/Max: 4/8
Program Code/Fee: 201105-01 / \$48

Strikers

Join your friends and bowl up to two games. Adapted bowling equipment is available. Note this program is offered during Brunswick's cosmic bowling times when flashing lights and loud music may be involved.

GOAL: Increase gross motor coordination, ability to stay on task, and willingness to share and take turns.

Age: 7-12
Location: Brunswick Bowl, Deerfield
Time: 12:00 – 1:00PM
Date: Saturdays, April 10 – May 22
Min/Max: 2/4*
Program Code/Fee: 202212-01 / \$87



Ballet Bliss

Ballet Bliss is geared for young girls who want to experience ballet and other creative movements while learning to express themselves. Participants range in ability levels and will work on movement and dance techniques that are designed to meet individual and group goals. In class, students focus on the process of mind, spirit and body moving as one to reach personal goals. The studio environment is structured and consistent. The instructor uses frequent breaks and visual supports to engage the students. There will be an end of season dance recital for girls to showcase what they have learned (June 12). For more information, please contact Maggie Richey at 847-509-9400 ext. 33. *No program date May 29.*

GOAL: Improve gross motor skills, gain familiarity of ballet techniques, increase physical conditioning, and gain body awareness.

Age: 4-11
Location: Dreams Dance, Glenview
Time: 10:45 - 11:45AM
Date: Saturdays, April 10 - June 5
Min/Max: 2/8
Program Code/Fee: 205801-01 / \$107

Saturday Line-Up BACK TO BACK-I

Kids Can Move

Get up and get ready! Each week will include leisure activities involving dance, games or music to promote the positive use of energy. These activities facilitate participation that incorporates body movements, encourages number and color recognition, as well as promotes positive peer interactions.

GOAL: Increase awareness of new leisure activities, increase personal space awareness, improve self confidence and endurance and increase ability to follow 1-2 step directions.

Age: 3-6
Location: Takiff Center, Glencoe
Date: Saturdays, Apr. 10 – May 22
Time: 9:00 – 9:30AM
Min/Max: 4/8
Program Code/Fee: 201106-01 / \$31

Imagination Station

Books, songs, crafts and music are a few creative outlets that will be introduced at Imagination Station. Participants will be encouraged to use creativity and interact with peers while participating in these various activities.

GOAL: Improve ability to express self through crafts and structured activities, follow step by step directions by participating in interactive songs and stories, improve ability to make activity choices and engage in appropriate peer interactions.

Age: 3-6
Location: Takiff Center, Glencoe
Time: 9:30 – 10:00AM
Date: Saturdays, Apr. 10 – May 22
Min/Max: 4/8
Program Code/Fee: 201107-01 / \$35

Just for Juniors

This program allows participants to improve social interaction skills through the use of both indoor and outdoor activities. Each week new activities and games will be played. These include obstacle courses, duck duck goose and less structured playground time.

GOAL: Increase age appropriate leisure awareness, provide opportunity for appropriate peer interaction and foster teamwork and cooperation development.

Age: 3-6
Location: Takiff Center, Glencoe
Date: Saturdays, Apr. 10 – May 22
Time: 10:00 – 10:30AM
Min/Max: 4/8
Program Code/Fee: 201108-01 / \$31



PRESCHOOL & KINDERGARTEN at a GLANCE

CULTURAL ARTS

Ballet Bliss
 Creative Creations

FITNESS & SKILLS

Little Squirts
 Crocodiles
 Kids Can Move
 Dyna-'migh'

SPORTS & GAMES

Just for Juniors
 Kids Club
 Strikers

ARTS & CRAFTS

Sensory Station
 Imagination Station



CONTACT Us!

If you're looking for more info on our **PRESCHOOL** and **KINDERGARTEN** programs, Contact **Becca Zajler:**

847-509-9400, x6823 or
 E-Mail her directly:
 bzajler@nssra.org.